



Conjunctivitis (Pink Eye)

Dear Parent/Guardian:

A case of conjunctivitis (pink eye) has been identified and treated in your child's classroom. Properly treated cases are no longer infectious. However, we want to make you aware of the following:

Cause: Conjunctivitis (pink eye) may be caused by bacteria, viruses, eye injury or chemicals.

Symptoms: Your child may have redness, itching, pain, and drainage from the eyes. Your child may have a fever.

If your child is infected, it usually takes 1 to 3 days for symptoms to start.

Spread: By touching secretions from the eyes, nose, or mouth.
By touching contaminated hands, objects, or surfaces.

Contagious Period: While symptoms are present.

Call your Healthcare Provider: If your child has thick drainage from the eye. Your doctor will decide if treatment is needed.

Exclusion: Need to stay home?

Yes, if there is thick white or yellow drainage and eye pain, the child should not return until examined by a healthcare provider. The provider will need to approve the child for readmission.

No, if eye drainage is clear and watery and the child has no eye pain.

Prevention:

- Cover nose and mouth when sneezing or coughing. Use a tissue or your sleeve. Dispose of used tissues.
- Wash hands after touching anything that could be contaminated with secretions from the eyes, mouth, or nose. Your child may need help with handwashing.
- Clean and disinfect objects that come in contact with the secretions from the eyes, mouth, or nose. Use a product that kills germs.
- DO NOT share anything that touches the eyes, such as towels and washcloths, eye makeup, contact lens solution, or eye drops.
- Discourage rubbing and touching the eyes. Keep the child's eyes wiped free of drainage.
- Use a cotton-tipped swab to apply medication.

Report cases to the school health office. For information, call Hennepin County Epidemiology at 612-543-5230.