

Digtoonaaan Bulsho: Community Alert: Jadeecada Hennepin County

Tiro dada, haba ugu badnaadeen caruuri, ayaa degmada Hennepin ay ku dhacday jadeeco maxaa yeelay ma ayan wada qaadan tallaaf dhammaystiran.

Jadeecadu waa cudur aad u daran horseedi kartana dhigid cisbitaal iyo xataa dhimasho. Waa cudur **aad la isu qabadsiiyo (highly contagious)** uguna fida si fudud qufac, hindhiso ama xataa qol aad kula jirto qof kale oo qaba jadeecada.

Xaqiiji adiga iyo qoyskaagaba in laga tallaalo jadeecada si aad uga ilaalisaan naftiinna ka hortagga iyo faafidda hadda taagan.

- **Caruurto** waa inay qaadataa tallaalkooda ugu horreeya (MMR) Jadeecada Qaama qashiirka iyo Jadeecada beenta ah (measles, mumps, rubella) tallaalkooda marka ay 12 bilood jirsadaan, isla markaasna MMR-ka ay qaataan afar asbuuc waqtigaasi kaddib.
- **Dadka Waaweyn** ee dhashay 1957 ama kaddib waa inay hubiyaan inay qaateen hal tallaaf ee MMR. Haddii aad dhalatay 1956 ama ka hor, dabcan waad qaadatay carruurnimadaadii tallaalka, umana baahnid tallaalka (Jadeecada, qaama qashiirka iyo jadeecada beenta ah) (MMR).

Haddii adiga ama cunugaagu aad isku aragtaan firiiric/nabarro ama qandho:

- Deg deg u wac takhtarkaaga ama bukaan socod eegtadaada. Iyagaa kuu sheegaya haddii aad u baahan tahay inaad takhtarka booqato.
- Guriga joog iskana ilaali in lagu soo booqdo ilaa inta aad kala hadlayo takhtarkaaga ama bukaan socod eegtadaada.
- **Ha tegin takhtar ama gar gaarka deg degga ah (emergency room) adigoon marka horeba wicin.** Jadeecada ayaa ah cudur aad la isu qabadsiiyo, loomana baahna inuu kaa qaado qof jooga halka takhtarka lagu sugo.

**Haddii aad u baahan tahay macluumaad dheeraada, ka wac:
Hennepin County HSPHD-Epidemiology at (612) 543-5230.**

Cunugaygu ma heli karaa tallaalka jadeecada sicirkiisa la jabiyeey ama lacag la'aan ah?

Can my child get a free or low cost measles shot?

Haa. Tallaalka Carruurta Minnesota Vaccines for Children Program (MnVFC) ayaa siisa tallaalka sicirkiisa la jabiyeey ama

- lacag la'aan ah carruurta 18 sano jirta ama ka yar – ayna ka mid yihiin talaallada Jadeecada, qaama qashiirka iyo
- jadeecada beenta (measles, mumps, rubella vaccine) (MMR).
- Ilmahaagu way u qalmaan haddii ayan:
- Daryeel Caafimaad lahayn (Uninsured)
- Ay ku diiwaan gashan yihiin daryeellada Medical Assistance (MA), MinnesotaCare, ama Prepaid Medical Assistance
- Program (PMAP) American Indian ama Alaskan Native

Ay leeyihiin daryeel caafimaad, balse uusan wada bixinayn dhammaan kharajka tallaallada oo idil

Aad leedahay daryeel caafimaad, hase yeeshee leh “xad” “cap” isla markaasna aad sannadkan gaartay xadkaagii

Aad leedahay daryeel caafimaad balse leedahay cadad kaa go’i kara sannadkii”, isla markaasna aadan wada bixin ka go’idii oo dhan.

Waxaad wici kartaa takhtarkaaga ama bukaan socod eegtadaada si aad u hubiso inaad isku qorto Barnaamijka Tallaalka Carruurta Minnesota (MnVFC Program). Haddii aan cunugaagu lahayn takhtar ama bukaan socod eegto, waxaad wici karta mid ka mida bukaan socod eegtooyinka hoose.

Axis Medical Center
1801 Nicollet Avenue South
Minneapolis, MN 55403
612-823-2947

Native American Community Clinic
1213 East Franklin Avenue
Minneapolis, MN 55404
612-872-8086

Cedar Lake Clinic
1831 East Lake Street
Minneapolis, MN 55406
612-276-1000

Neighborhood HealthSource – Central
2610 Central Avenue Northeast
Minneapolis, MN 55418
612-588-9411

Cedar Riverside Peoples Center
425 20th Avenue South
Minneapolis, MN 55454
612-332-4973

Neighborhood HealthSource – Fremont
3300 Fremont Avenue North
Minneapolis, MN 55412
612-588-9411

City of Bloomington Public Health Center
1900 West Old Shakopee Road
Bloomington, MN 55431
952-563-8900

Neighborhood HealthSource – Sheridan
342 13th Avenue Northeast
Minneapolis, MN 55413
612-588-9411

Human Services and Public Health Department
Immunization Services Unit
525 Portland Avenue, MCL 963
Minneapolis, MN 55415
612-348-2884

Southside Community Clinic
324 East 35th Street
Minneapolis, MN 55408
612-827-7181

Neighborhood Involvement Program
2431 Hennepin Avenue South
Minneapolis, MN 55405
612-374-4089

U of MN Community-University Health Care Center
2001 Bloomington Avenue South
Minneapolis, MN 55404
612-638-0700

MnVFC Program
P.O. Box 64975
St. Paul, MN 55164-0975
651-201-5522, 1-800-657-3970

www.health.state.mn.us/vfc

